

## **Faculty Dispute Resolution**

**Seeking Resolutions to Workplace Disputes** 

## **Another Successful FDR Mediator Training!**

The goal of FDR mediation training is to increase the presence of the mindfulness and practice of constructive conflict resolution on the UNM campus. This spring, FDR's mediation training involved a group of energetic, dedicated, and fun faculty who spent four days learning the content, theory and practice of mediation. Jean Civikly-Powell instructed and coached, and was supported by other noted mediators who helped coach the practice sessions. At the close of the training, the faculty came up with very thoughtful ways to describe a successful mediation.

#### Mediation is successful when...

- the disputants feel heard by each other.
- the disputants feel they have been acknowledged.
- an agreement is reached.
- the disputants feel understood.
- communication is enhanced.
- there is movement and less tension.
- mediators stay neutral.
- personal integrity is honored
- the parties take the lead and talk to each other.
- relationships are improved or re-created.
- the parties have the confidence to work through future conflicts
- options are considered.
- litigation is avoided.
- dignity is preserved.

## CONGRATULATIONS to the FDR Mediation Class, Spring 2007!

Rosa Auletta

Developmental Sts, Learning Communities, UNM-V

Joseph Barbour

Social Studies, UNM-V

Patricia Covarrubias

Communication & Journalism

Corey Ford

Neurology, Office of Research

Shuhong Guo

Pharmacy Basic Sciences

Miriam Gustafson

English, UNM-V

Prasad Mathew

Pediatrics Hematology Oncology

Leslie Morrison

Neurology/SOM Academic Affairs

Bruce Neville

University Libraries

Lee Orosco

Civil Engineering, Intel

Steven Yourstone

Anderson Schools of Management

Matthew Dahlsten and

Kerstin Schuhfleck

FDR Graduate Assistants

## THANK YOU to our Faculty Mediator Coaches!

William Buss, Neurosciences, emeritus Jean Civikly-Powell, FDR Zina Daniels, Orthopedics Physical Therapy Mark Emmons, University Libraries Wanda Martin, English Karl Hinterbichler, Music Bruce Noll, Educ. Ldshp. & Org. Learning Laurie Schatzberg, ASM Virginia Seiser, Univ. Libraries, Emerita Newsletter Volume VII, Issue 2

Spring 2007



The FDR logo is a Triskelion design from the late Bronze Age. A lively symbol, it gives a distinct impression of movement, always ongoing, fully connected, expressing

#### Director:

Jean Civikly-Powell

#### **Graduate Assistants:**

Matthew Dahlsten Kerstin Schuhfleck

#### Location:

1800 Las Lomas NE MSC 05 3140

**Phone:** 277-3212 **Fax:** 277-3399

jcivikly@unm.edu www.unm.edu/~facdr

Anger always goes together with confusion, with ignorance. Thich Nhat Hanh Faculty Dispute Resolution Page 2

"Happier Ever After: Re-authoring Conflict Stories" by John Winslade and Gerald Monk

Two recent movies, *Stranger Than Fiction* and *The Number 23*, follow normal every-day characters whose lives suddenly seem to directly parallel stories written by others — their lives seem to come under the control of the writer. These movies explore the anxiety that may result from consciously being trapped in someone else's story of conflict.

In a similar manner, narrative mediation envisions the persons involved in a conflict as having become trapped in a conflict story from which they can see no way out. However, unlike the protagonists in the movies, the persons involved in narrative mediation have access to a mediator who, with skill and sensitivity, can assist them in reauthoring their story into one with a more successful conclusion. With narrative mediation, if not a "happily ever after" ending, then at least a "happier ever after" ending may be achieved.

Narrative mediation arises out of the postmodern theory of cultural constructivism. This theory proposes that people's experiences of the world are directly influenced by the stories and values of their culture. Each person creates his/her own life narrative, influenced by the stories and values of the culture, which gives life its meaning and direction. When two or more individual's narratives bump into each other in an incompatible way, a new narrative of conflict may arise.

This perspective is a shift from common assumptions about conflict which often emphasize inner drives, interests, facts and causes. The narrative mediator is more interested in facilitating the expression of disputants' stories and uncovering their meanings within these stories. Winslade and Monk identify three broad goals for narrative mediation: "a) the creation of an alternative relationship story; b) the deconstruction of the dominance of the conflict story; and c) the opening of space for people to make discursive shifts." (p. 12)

The dominance of the conflict story may overshadow alternative stories of cooperation, understanding
and mutual respect. In order to create an alternative relationship story, narrative mediation focuses on the relational
conditions between the two parties. The narrative mediator
may facilitate subtle positive shifts in the relationship by inviting disputants to relate times when their relationship was
characterized by greater collaboration and acceptance.
These previous positive relational
attitudes may then provide a new context
and perspective on the current conflicted rela-

The process of deconstructing the dominance

tionship.

of the conflict story includes exposing narrative assumptions and externalizing the conflict. During the construction of conflict stories. assumptions are often made that include entitlement claims and the power relations involved. It is important that the narrative mediator help explore these assumptions in the conflict narrative so that they can be considered and challenged during the process of mediation.

A concrete way of weakening the dominance of a conflict story is to facilitate the process of "externalizing the conflict". In this process, the mediator helps the disputants to speak about the conflict "as if it were an external object exerting an influence on the parties but not identified solely with either party." (p. 13)

The goal of opening space for shifts can be realized by facilitating the use of different descriptors for conflict issues and allowing parties to reposition themselves within the conflict narrative. When these shifts occur, the potential for re-storying occurs. Re-storying gives the parties the opportunity to co-author a new narrative in which they are freed from the traps of the conflict story. A new type of story, and relationship, can begin.

Winslade and Monk emphasize that every conflict story contains contradictions that can be used as openings by a skilled mediator to pave the way to a new "happier ever after" story.

More information about narrative mediation can be found in Winslade and Monk's book *Narrative Mediation:* A New Approach to Conflict Resolution (available at the FDR office).

Winslade, J. & Monk, G. (2007). Narrative Mediation: Re-authoring Conflict Stories, ACResolution, Volume 6, Issue 2, pp. 12-13.

Prepared by Matthew Dahlsten, FDR Graduate Assistant

what you are unwilling to do yourself.

Learn from the mistakes of others. You can't live long enough to make them all yourself.

It is not fair to ask of others

—Eleanor Roosevelt

## — FDR Faculty Mediators —

These are the UNM faculty who have completed the FDR 36-hour mediation training. The FDR program may call upon them to assist with faculty-faculty, faculty-administrator, faculty-staff, or faculty-student disputes (with the approval of all parties involved). Faculty mediators may also assist informally with difficulties that might arise in campus interaction settings, e.g., teaching and research interactions, and faculty and committee meetings. Some mediators pursue additional mediation training and may also volunteer their mediation services in their communities, at Metro Court, and in other arenas.

Their service to the University and to the community is of great value.

They contribute to a climate of constructive communication.

Andrea Allan HSC Neurosciences
Rosa Auletta Dev. Sts, Learning Comm., UNM-V

Marsha Baum Lav

Joseph Barbour

Gloria Birkholz Nursing, Emerita

Steven Block Music
Lisa Broidy Sociology
Stephen Burd ASM

William Buss Neurosciences, emeritus Jean Civikly-Powell Faculty Dispute Resolution

Dorothy Clough Nursing, Emerita

Gene Coffield\* Indiv., Family & Community Educ.

Social Sciences, UNM-Valencia

John Cornish Extended University, English

Cara Lea Council-Garcia Biology

Patricia Covarrubias Communication & Journalism Janet Cramer Communication & Journalism Terry Crowe Occupational Therapy

Gary Cuttrell Dental Services

Zina Daniels Orthopedics Physical Therapy
Susan Deese-Roberts CASTL, Univ. Libs., Emerita
Gloria Dyc Arts & Letters, UNM Gallup
Mark Emmons University Libraries

Santa Falcone Public Administration
Corey Ford Neurology/Office of Research

Barry Gaines English

Patricia Gillikin English, UNM Valencia

Tim Goldsmith Psychology

Maria Dolores Gonzales Spanish & Portuguese

Cathy Gutierrez-Gomez Indiv., Family & Community Educ.

Miriam Gustafson English, UNM Valencia Mary Harris Education, Emerita

Gary Harrison English
Karl Hinterbichler Music
Scott Hughes\* Law

Dubra Karnes-Padilla UNM Valencia Kate Krause Economics

Marsha Lichtenstein\* Institutional Research

Vonda Long Counselor Education, Emerita

Wanda Martin English

Estella Martinez Indiv., Family, & Community Educ.
Prasad Mathew Pediatrics Hematology, Oncology
Virginia McDermott Communication & Journalism
Sarah Morley Health Sciences Center Library

Helen Muller ASM, Emerita
Bruce Neville University Libraries

Bruce Noll Educ. Ldshp. & Org. Learning
Eric Nuttall Chemical & Nuclear Eng., Emeritus

Leslie Oakes ASM

John Oetzel Communication & Journalism

Daniel Ortega Law
Patricia Payne Nursing
Susan Pearson Theatre & Dance

Mary Power English

Ric Richardson\* Architecture & Planning

Deborah Rifenbary\* Indiv., Family, & Community Educ.

John Rinaldi\* Education, Emeritus Sherry Rogers Cell Biology & Physiology

Susan Romano English
Randy Rosett Anesthesiology
Barri Sanders UNM Taos
Laurie Schatzberg ASM

David Scott Sports Administration
Virginia Seiser University Libraries, Emerita
Virginia Shipman Indiv., Family, & Community Educ.
Anne Simpson Internal Medicine, Geriatrics

Anne Simpson Internal Medicine, Geriatrics Brian Solan Family and Comm. Medicine

Patricia Stall Education, Emerita
Pamela Stovall UNM Gallup
Ellie Trotter Biology

John Trotter School of Medicine, Emeritus

Tim Wadsworth Sociology

Howard Waitzkin Sociology, Fam. & Comm. Med.
Jackie Weeks Health Careers, UNM Gallup
Olaf Werder Communication & Journalism

Sherman Wilcox Linguistics

Ebtisam Wilkins Chemical & Nuclear Eng., Emerita

Fran Wilkinson University Libraries
Amy Wohlert Vice Provost &

Dean, Graduate Studies

Carolina Yahne CASAA, Emerita

Steven Yourstone ASM

"You got to be careful if you don't know where you're going, because you might not get there.
-- Yogi Berra

<sup>\*</sup> Trained Mediator, with program other than FDR

Faculty Dispute Resolution Page 4

#### "A Facilitative Mediation Process"

by Ann Milne

Today there are many different mediation styles and models of practice. Ann Milne discusses the importance of finding one's own style and model. She proposes consideration of the facilitative approach to mediation.

In facilitative mediation, the focus is to manage the processing of the issues so that the parties can be in charge of the outcome or product. There are three main categories that a facilitative mediator attends to: personal issues, relationship issues and topical issues. When parties have found a strategy for dealing with the personal and relationship issues, the topical issues are likely to be resolved.

A facilitative mediator manages the mediation *process* and the parties decide the *outcome* of their discussion. Managing the process includes explaining the dispute resolution process and its effectiveness to the parties. Other techniques that can be helpful during facilitative mediation are separating the person from the problem, reminding parties to focus on their future, focusing on the parties' interests rather than their positions, and discussing effective communication dynamics.

Ann Milne reminds us that, "Having choices is what mediation is all about."

Milne, A. (2007) A Facilitative Mediation Process. ACResolution, Volume 6, Issue 2, pp. 10-11.

Prepared by Kerstin Schuhfleck, FDR Graduate Assistant

## **Graduate Student Mediators**

Jennifer Bowe Varda Brahms Christopher Brown Susan Clair

Matthew Dahlsten

Sharon Pearson

Counselor Education, FDR COE, LLSS/ETSS

Communication & Journalism Public Administration,

Comm. & Regional Planning

Individ., Family & Comty Educ.

Melissa Heap Psychology Holly Kawakami Communica

Communication & Journalism
Counselor Education, FDR
Comm. & Regional Planning

Vicente Quevedo Comm. & R
Leslie Rettinger COE, OLIT
Andrea Salazar COE, OLIT

Kerstin Schuhfleck Individ., Family & Comty Educ.

## FDR Spring 2007 Workshops

# Moving from Harm to Value: Four Slogans for Mediators

Kathy Domenici and Stephen Littlejohn (Adjunct Professors, Communication and Journalim) recently led a FDR workshop, providing the group with information and experiences about managing difference. Their work focused on the challenges of conflict. They also described four keys for helping people transform harmful patterns into valuable ones.

FDR thanks Kathy and Stephen for their valuable expertise and lively discussion.

# Ready for Mediation? Ready for Change? Lessons Learned from Motivational Interviewing.

Presenter: Carolina Yahne, Ph.D., Psychologist,

FDR Mediator.

Professor Emerita, CASAA

DAY/DATE: Wednesday, April 4th

TIME: 12:00-1:30 pm

PLACE: UNM Faculty & Staff Club

1923 Las Lomas NE

**Room 101** 

Carolina will lead the group in a discussion of readiness for mediation and the processes involved in making changes. Carolina will draw on her expertise and experiences in mediation and motivational interviewing, and from the conceptual model set forth by Prochaska and DeClemente. Carolina is a vibrant speaker and avid listener who models the behaviors and responses she describes.

We look forward to an engaging time! Please join us!

R.S.V.P. no later than Monday, April 2nd, to jcivikly@unm.edu or 277-3212

## Please Note

Lunch and drinks are available for purchase at the Faculty and Staff Club.

No outside food or drinks are permitted.