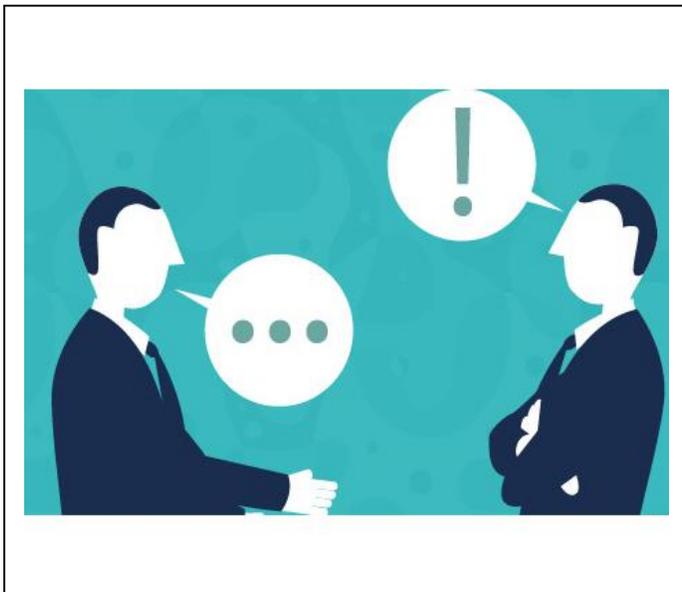


**What Do I Do Now?:**  
**Responding to Microaggressions**

In this workshop we will consider microaggressions and biased comments from the points of view of the person making the statement and the person hearing the statement. As a person making the statement. How can you reframe your words; as a person hearing a biased statement, how can you address the comment. While an angry interaction leading to further divisiveness is often the result, we wish to explore ways we can each work to move toward understanding and empathy, particularly during the divisive times.

“Interrupting biased comments is one important way to foster equality and inclusion. Yet, one of the more challenging moments can be when we hear a prejudiced or stereotypical comment. Often, there is the momentary “freeze” and an anxious feeling of “what do I do now?” To do nothing generally leaves them feeling angry, guilty or disappointed in themselves. If we have a repertoire of different responses, and have practiced them, we are more likely to be able to say something in the moment.” – Diane Goodman (2011). *Promoting Diversity and Social Justice: Educating People from Privileged Groups*. New York: Routledge.



**Presented By:**

Margaret Menache, Ph.D.  
Faculty Emerita, Family and  
Community Medicine  
Faculty Representative, Ombuds  
Services for Faculty

**Date:** Monday, November 12, 2018

**Time:** 11-12:30pm

**Location:** Dane Smith Hall, Room 232 (Bldg. #48 on main campus map.

**RSVP:** Jean Civikly-Powell, Ombudsperson for Faculty  
[jcivikly@unm.edu](mailto:jcivikly@unm.edu)